HEALTH & WELLNESS

Medical Services
Medical Services is the primary health care resource for CU Boulder students. Through comprehensive care and education, we strive to give students the skills and knowledge they need to develop healthy lifelong habits. To learn more, visit Health and Wellness Services (http://www.colorado.edu/health).

Counseling and Psychiatric Services
Counseling and Psychiatric Services (CAPS) offers confidential, on-campus and online mental health and psychiatric services for a variety of concerns including academics, anxiety, body image, depression, relationships, substance use and more. To learn more, visit CAPS (http://www.colorado.edu/health/counseling).

Disability Services
Students with disabilities are one of the many groups that make up our campus community. Having a diverse community broadens our understanding and appreciation for the contributions of each individual. We provide leadership and guidance regarding accommodations and universal access. To learn more, visit Disability Services (http://www.colorado.edu/disabilityservices).

CU Boulder Gold Student Health Insurance Plan (SHIP)
Students registered for 6+ undergraduate credit hours or 1+ graduate credit hours are eligible to enroll in CU's Gold Student Health Insurance Plan (SHIP). Students also have the option to waive the Gold SHIP and use their own insurance.

Students using their own insurance qualify for the BuffCare Supplemental Plan, which provides coverage for out-of-pocket expenses incurred through Health and Wellness Services including co-payments, co-insurance and other expenses.

Exceptions to Gold SHIP enrollment: new summer students, non-degree seeking Continuing Education, Leave of Absence Program, Education Abroad, Evening MBA program, or exclusively Be Boulder Anywhere courses.

For more information, visit the Health Insurance Requirement (http://www.colorado.edu/health/insurance/health-insurance) webpage.

Note: Plans available through the health insurance marketplace meet CU's health insurance requirement. Colorado students may sign up through the Connect for Health Colorado (http://connectforhealthco.com) website. Nonresident students may sign up through their home state health exchange or through the national HealthCare.gov (https://www.healthcare.gov) website.