FIRST YEAR EXPLORATION (FYXP)

Courses

FYXP 1000 (1) Academic Exploration & Critical Decision Making
Students will work through the major exploration process in a guided and intentional way and be introduced to a variety of college success strategies as they evaluate their strengths, interests and goals, as well as understand the skills that will be necessary to succeed in an academic discipline. Throughout this course students will engage in questions of social justice, inclusivity, and the ability to impact the world as a result of their education.

Requisites: Restricted to Exploratory Studies (XXES or PXPL-COS) students only.
Grading Basis: Pass/Fail

FYXP 1100 (1) Academic Success Seminar
The Academic Success Seminar is a one-credit course designed for first-year students in the Program in Exploratory Studies and is taught by staff in the University Exploration & Advising Center. Through participation in FYXP 1100, students will develop the skills they need to succeed in college. The class focuses on developing learning strategies, improving executive functioning (time management, organization, self-monitoring, etc.), and setting S.M.A.R.T. goals. Personal self-reflection is an important component of this course. Students will also identify their strengths and participate in collaborative peer-to-peer interactions.

Requisites: Restricted to Exploratory Studies (XXES or PXPL-COS) students only.
Grading Basis: Pass/Fail