FIRST YEAR EXPLORATION (FYXP)

Courses

FYXP 1000 (1) Academic Exploration & Critical Decision Making
Students will work through the major exploration process in a guided and intentional way and be introduced to a variety of college success strategies as they evaluate their strengths, interests and goals, as well as understand the skills that will be necessary to succeed in an academic discipline. Throughout this course students will engage in questions of social justice, inclusivity, and the ability to impact the world as a result of their education.

Requisites: Restricted to Exploratory Studies (XXES or PXPL-COS) students only.
Grading Basis: Letter Grade

FYXP 1100 (1) Academic Success Seminar
The Academic Success Seminar is a one-credit course designed for first-year students in the Program in Exploratory Studies and is taught by staff in the University Exploration & Advising Center. Through participation in FYXP 1100, students will develop the skills they need to succeed in college. The class focuses on developing learning strategies, improving executive functioning (time management, organization, self-monitoring, etc.), and setting S.M.A.R.T. goals. Personal self-reflection is an important component of this course. Students will also identify their strengths and participate in collaborative peer-to-peer interactions.

Requisites: Restricted to Exploratory Studies (XXES or PXPL-COS) students only.
Grading Basis: Letter Grade

FYXP 1500 (1) First Year Success Seminar
Designed to assist first-year students with their successful transition to the University of Colorado Boulder. Students will learn about campus resources, goal setting, study skills, and academic exploration. Participation in class discussions, self reflection, and engagement in course assignments are essential in this course. This course will provide a supportive environment for new students to engage with peers, staff, and faculty to support the first eight weeks of the transition to college.

Grading Basis: Pass/Fail

FYXP 3000 (1) Transfer Success Seminar
This success seminar course is designed to assist you, a first semester transfer student, with your transition to the University of Colorado Boulder. Through this course you will learn about various campus and academic resources applicable to an upper-division student; evaluate your skills, interests, strengths and education as they relate to overall career goals; and establish an encouraging transfer student community. Participation, group work, and class discussions are essential in this course.

Grading Basis: Letter Grade