INTEGRATIVE PHYSIOLOGY

The Department of Integrative Physiology offers a variety of graduate study opportunities that range from a coursework-only master's degree option to MS and PhD research-intensive options. To facilitate maximal flexibility in the design of a student's program, the Department has established a minimum number of required courses that must be completed by all graduate students and the remainder of the program can be individualized to meet the long-term goals of the student.

A graduate degree in integrative physiology provides opportunities for careers in academia, industry, and the health professions. The placement list of PhD and MS graduates (https://www.colorado.edu/iphy/graduate/placement-recent-phd-and-ms-graduates/) indicates some of the jobs and educational programs that our graduate students have found after completion of the PhD or MS degree.

Course code for this program is IPHY.

Master's Degree

- Integrative Physiology - Master of Science (MS) (https://catalog.colorado.edu/graduate/colleges-schools/arts-sciences/programs-study/integrative-physiology/integrative-physiology-master-science-ms/)

Doctoral Degree

- Integrative Physiology - Doctor of Philosophy (PhD) (https://catalog.colorado.edu/graduate/colleges-schools/arts-sciences/programs-study/integrative-physiology/integrative-physiology-doctor-philosophy-phd/)

Faculty

While many faculty teach both undergraduate and graduate students, some instruct students at the undergraduate level only. For more information, contact the faculty member's home department.

Alderete, Tanya Lynn (https://experts.colorado.edu/display/fisd_159723/)  
Assistant Professor; PhD, University of Southern California

Anderson, Allison P. (https://experts.colorado.edu/display/fisd_156275/)  
Assistant Professor Adjunct; PhD, Massachusetts Institute of Technology

Bustamante, Heidi Margarita (https://experts.colorado.edu/display/fisd_146491/)  
Associate Teaching Professor; MS, University of Colorado Boulder

Byrnes, William (https://experts.colorado.edu/display/fisd_100643/)  
Associate Professor Emeritus; PhD, University of Wisconsin–Madison

Carey, Cynthia  
Professor Emerita

Casagrand, Janet L. (https://experts.colorado.edu/display/fisd_100934/)  
Associate Teaching Professor; PhD, Case Western Reserve University

Chonchol, Michel  
Professor Adjunct; MD, Universidad Central de Venezuela

DeSouza, Christopher A. (https://experts.colorado.edu/display/fisd_107460/)  
Professor; PhD, University of Maryland, College Park

Diniz-Behn, Cecelia  
Assistant Professor Adjunct; PhD, Boston University

Eaton, Robert  
Professor Emeritus

Ehringer, Marissa A. (https://experts.colorado.edu/display/fisd_126595/)  
Associate Professor; PhD, University of Colorado Denver

Enoka, Roger M. (https://experts.colorado.edu/display/fisd_110122/)  
Professor, Associate Chair; PhD, University of Washington

Fleshner, Monika R. (https://experts.colorado.edu/display/fisd_103304/)  
Professor; PhD, University of Colorado Boulder

Foley, Teresa E. (https://experts.colorado.edu/display/fisd_147351/)  
Associate Teaching Professor, PhD, University of Colorado Boulder

Fowler, John S.  
Professor Emeritus

Gleeson, Todd T. (https://experts.colorado.edu/display/fisd_105480/)  
Professor; PhD, University of California, Irvine

Grabowski, Alena Marie (https://experts.colorado.edu/display/fisd_149727/)  
Associate Professor; PhD, University of Colorado Boulder

Harsh, John R. (https://experts.colorado.edu/display/fisd_155406/)  
Professor Adjunct

Heisler, Ruth E. (https://experts.colorado.edu/display/fisd_103195/)  
Associate Teaching Professor; MA, University of Colorado Boulder

Hobbs, Steven L. (https://experts.colorado.edu/display/fisd_143724/)  
Associate Teaching Professor; PhD, University of Colorado Boulder

Hoeffner, Charles Albert (https://experts.colorado.edu/display/fisd_153384/)  
Associate Professor; PhD, University of Arizona

Johnson, Thomas E. (https://experts.colorado.edu/display/fisd_104242/)  
Professor; PhD, University of Washington

LeBourgeois, Monique Katherine (https://experts.colorado.edu/display/fisd_148411/)  
Associate Professor; PhD, University of Southern Mississippi

Link, Christopher D. (https://experts.colorado.edu/display/fisd_109073/)  
Associate Professor; PhD, University of Massachusetts at Amherst

Lowry, Christopher (https://experts.colorado.edu/display/fisd_143371/)  
Associate Professor; PhD, Oregon State University

Lynch, G. Robert  
Professor Emeritus

Maldonado, Tammy A. (https://experts.colorado.edu/individual/fisd_104105/)  
Instructor; PhD, University of Colorado Boulder
Courses

**IPHY 5010 (1) Graduate Student Research Forum**
Special topics spanning the broad scope of integrative physiology are covered in a seminar-style format. Presentations by current IPHY faculty are augmented by graduate student presentations of thesis and dissertation work.
**Requisites:** Restricted to Integrative Physiology (IPHY or C-IPHY) graduate students only.

**IPHY 5100 (2) Colloquium in Integrative Physiology**
**Repeatable:** Repeatable for up to 6.00 total credit hours.
**Requisites:** Restricted to Integrative Physiology (IPHY) or Integrative Physiology Concurrent Degree (C-IPHY) graduate students only.

**IPHY 5102 (2) Introduction to Physiology Genomics**
Covers recent developments in genomics: a body of revolutionary new approaches that deal with the analysis of all the DNA sequence in the cell. Relies on a genomics text and student presentation/discussion aided by a study guide.
**Requisites:** Restricted to Integrative Physiology (IPHY or C-IPHY) or Psychology (PSYC) graduate students only.
**Recommended:** Prerequisite IPHY 5200.

**IPHY 5200 (3) Physiological Genetics and Genomics**
Covers fundamental concepts in molecular genetics/genomics with physiological applications. Topics include structure and function of nucleic acids, genome structure, genetic and genomic research tools, methods for identifying disease-causing mutations, regulation of gene expression, pharmacogenetics, gene therapy and ethical issues in modern genomics. First course of a 3-course series recommended for IBG students. Includes a recitation section.
**Equivalent - Duplicate Degree Credit Not Granted:** IPHY 4200 and PSYC 5200
**Requisites:** Restricted to Integrative Physiology (IPHY or C-IPHY) or Psychology (PSYC) graduate students only.

**IPHY 5262 (3) Application of Bioinformatics and Genomics**
Explore public websites, databases, and bioinformatic tools that can be used for analysis of genomic data. These include NCBI Resources, genome databases, gene expression databases, tools for nucleotide and algorithms analyses and protein databases. Students develop a mini-grant proposal that is required to incorporate use of some of the tools covered.
**Requisites:** Restricted to Integrative Physiology (IPHY or C-IPHY) or Psychology (PSYC) graduate students only.
**Recommended:** Prerequisite IPHY 5200 and IPHY 5102.

**IPHY 5300 (3) Statistical Genetics for Complex Traits**
Focuses on the methods of mapping complex disease genes in both population and family-based samples. Topics include both linkage and association analyses of qualitative and quantitative phenotypes.
**Requisites:** Restricted to Integrative Physiology (IPHY or C-IPHY) or Integrative Physiology Concurrent Degree (C-IPHY) graduate students only.

**IPHY 5440 (4) Endocrinology**
Introduces mammalian endocrine system. Provides a thorough analysis of chemical communication by hormones and related bioregulators with emphasis on the major endocrine systems such as the thyroid, gonad, pituitary and the brain. Department enforced prerequisites: one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab).
**Equivalent - Duplicate Degree Credit Not Granted:** IPHY 4440
**Requisites:** Restricted to Integrative Physiology (IPHY) or Integrative Physiology Concurrent Degree (C-IPHY) graduate students only.
IPHY 5550 (3) Exercise Biochemistry
Examines the underlying biochemical mechanisms that are responsible for the physiological adaptations to short- and long-term dynamic exercise including carbohydrate, fat, and protein metabolism. The interaction of key biochemical alterations as it relates to disease (diabetes, obesity, and aging) and exercise will be addressed.  
**Requisites:** Restricted to Integrative Physiology (IPHY) or Integrative Physiology Concurrent Degree (C-IPHY) graduate students only.  
**Recommended:** Prerequisite IPHY 4650 and one year of general chemistry (lecture + lab).

IPHY 5580 (3) Sleep Physiology
Describes the physiology, neurobiology, physiology and functions neurobiology of sleep and circadian rhythms; explains the impact of sleep, sleep deprivation, and circadian rhythms, as well as sleep and circadian disruptions and disorders on immune, endocrine, thermoregulatory, cardiovascular, respiratory, and and neural systems; systems, as well as examines changes in sleep and circadian rhythms across the the life span. The integrative nature of sleep and circadian rhythms in normal physiological and cognitive functions and their importance in health and disease processes will be emphasized. Department enforced prerequisite: statistics equivalent.  
**Equivalent - Duplicate Degree Credit Not Granted:** IPHY 4580  
**Requisites:** Restricted to Integrative Physiology (IPHY) or Integrative Physiology Concurrent Degree (C-IPHY) graduate students only.

IPHY 5600 (3) Immunology
Studies the immune system, a multi-cellular system that functions to protect us from disease. Introduces concepts associated with the development and function of individual cells of the immune system (T-cells, B-cells, neutrophils, dendritic cells, macrophages), as well as their integrative roles in physiology and host defense.  
**Equivalent - Duplicate Degree Credit Not Granted:** IPHY 4600  
**Requisites:** Restricted to Integrative Physiology (IPHY) or Integrative Physiology Concurrent Degree (C-IPHY) graduate students only.  
**Recommended:** Prerequisites one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab); IPHY 3470.

IPHY 5720 (4) Neurophysiology
Explores the function of the nervous system, including how the properties of neurons influence nervous system activity, how the nervous system controls the activity of muscles and how the sensory effects of muscle activity influence the function of the nervous system. Department enforced prerequisites: one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab), IPHY 2800 (or equivalent); IPHY 3410.  
**Equivalent - Duplicate Degree Credit Not Granted:** IPHY 4720  
**Requisites:** Restricted to Integrative Physiology (IPHY or C-IPHY) graduate students only.

**Grading Basis:** Letter Grade

IPHY 5730 (3) Integrative Motor Control
Investigates human motor control by integrating concepts from exercise physiology, biomechanics, and sport psychology. Applications are made to clinical and educational exercise contexts.  
**Equivalent - Duplicate Degree Credit Not Granted:** IPHY 4730  
**Recommended:** Prerequisites IPHY 3410 and IPHY 3470.

IPHY 5740 (3) Theory of Motor Skill Learning
Offers a critical analysis of motor learning theories, including Adam's closed loop theory, Schmidt's schema theory and the influence of contextual interference on learning and performance. Also covers feedback and practice organization. Projects and presentations required.  
**Equivalent - Duplicate Degree Credit Not Granted:** IPHY 4740  
**Requisites:** Restricted to Integrative Physiology (IPHY or C-IPHY) or Psychology (PSYC) graduate students only.

IPHY 5780 (3) Sleep, Circadian Rhythms, and Health
Examines the history of the fields of sleep and circadian rhythms; lifespan development of sleep and rhythms; observational, physiological, and clinical measures of sleep; screening for sleep and circadian disorders; associations between poor sleep and circadian misalignment and health; and evidenced-based sleep and circadian interventions/preventions in healthy and clinical samples. Dept. enforced requisite: one year of biology (lecture and lab); statistics course.  
**Equivalent - Duplicate Degree Credit Not Granted:** IPHY 4780

IPHY 5800 (4) Advanced Statistics and Research Methods in Integrative Physiology
Introduces advanced statistical techniques important for analyzing data rising in biomedical research, including physiology. Statistical reasoning will be emphasized through problem solving and applications using statistical software packages.  
**Requisites:** Restricted to Integrative Physiology (IPHY) or Integrative Physiology Concurrent Degree (C-IPHY) graduate students only.  
**Recommended:** Prerequisite IPHY 2800.

IPHY 5840 (1-6) Graduate Independent Study  
**Repeatable:** Repeatable for up to 7.00 total credit hours. Allows multiple enrollment in term.  
**Requisites:** Restricted to Integrative Physiology (IPHY or C-IPHY) graduate students only.

IPHY 5880 (3) Advanced Data Analysis in Biomedical Research
Provides advanced training on statistics and scientific reasoning in laboratory and clinical research. Conceptual foundations of classical and modern statistical techniques is reviewed. Multiple class projects consist of written reports on statistical analysis of data representative of the student’s field of interest. The use of statistical packages, primarily R, is required.  
**Equivalent - Duplicate Degree Credit Not Granted:** IPHY 4880  
**Requisites:** Requires prerequisite course of IPHY 5800 (minimum grade B).

**Grading Basis:** Letter Grade

IPHY 5900 (3) Data Literacy in Biomedical Research  
Provides a platform to develop a deeper understanding of quantitative biomedical research, current trends, challenges, and limitations. The course complements graduate statistical training by introducing topics relevant to open science and data literacy, including reproducibility, data privacy challenges, and the importance of good data management. Challenges in advanced statistical data evaluation and analysis in biomedical research settings will be discussed.  
**Requisites:** Restricted to Integrative Physiology (IPHY or C-IPHY) graduate students only.  
**Recommended:** Prerequisite IPHY 5800.  
**Grading Basis:** Letter Grade
IPHYS 6010 (1-3) Seminar
Presents special topics in integrative physiology.
**Repeatable:** Repeatable for up to 6.00 total credit hours. Allows multiple enrollment in term.
**Requisites:** Restricted to Integrative Physiology (IPHY or C-IPHY) graduate students only.

IPHYS 6650 (3) Cellular Cardiovascular Physiology
Focuses on the cellular control of cardiac and smooth muscle contraction, at rest and in response to acute and chronic exercise. Addresses certain pathophysiological and physiological adaptive mechanisms.
**Requisites:** Restricted to Integrative Physiology (IPHY or C-IPHY) graduate students only.
**Recommended:** Prerequisite IPHY 4650.

IPHYS 6660 (3) Locomotion Energetics and Biomechanics
Critiques and discusses both classic and cutting edge scientific research in the area of terrestrial locomotion.
**Requisites:** Restricted to Integrative Physiology (IPHY or C-IPHY) graduate students only.
**Recommended:** Prerequisites IPHY 4540 and IPHY 4650.

IPHYS 6670 (2) Hypothesis Testing in Locomotion Biomechanics
Focuses on the scientific process including formulating and testing hypotheses in studies of locomotion. Students analyze primary articles to determine whether the studies tested hypotheses and to generate new hypotheses that logically follow from previous studies.
**Requisites:** Restricted to Integrative Physiology (IPHY) or Integrative Physiology Concurrent Degree (C-IPHY) graduate students only.

IPHYS 6830 (3) Professional Skills for the Research Scientist
Discusses grant and manuscript writing, scientific presentations, peer-review, setting up/directing a research laboratory, research ethics, mentoring and other professional skills.
**Requisites:** Restricted to Integrative Physiology (IPHY) doctoral students only.

IPHYS 6840 (1-3) Research Project
Involves a scholarly investigation of a selected topic using literature and/or experimental techniques. Advisor required.
**Repeatable:** Repeatable for up to 3.00 total credit hours. Allows multiple enrollment in term.
**Requisites:** Restricted to Integrative Physiology (IPHY or C-IPHY) graduate students only.

IPHYS 6940 (1) Master's Candidate for Degree
Registration intended for students preparing for a thesis defense, final examination, culminating activity, or completion of degree.
**Requisites:** Restricted to Integrative Physiology (IPHY) or C-IPHY graduate students only.

IPHYS 6950 (1-6) Master's Thesis
Must have 4 credit hours and may be repeated up to 6 total credits.
**Repeatable:** Repeatable for up to 6.00 total credit hours.
**Requisites:** Restricted to Integrative Physiology (IPHY or C-IPHY) graduate students only.

IPHYS 8990 (1-10) Doctoral Dissertation
All doctoral students must register for not fewer than 30 hours of dissertation credit as part of the requirements for the degree. For a detailed discussion of doctoral dissertation credit, refer to the Graduate School section.
**Requisites:** Restricted to Integrative Physiology (IPHY) doctoral students only.