Health & Wellness

Wardenburg Health Services
Wardenburg Health Services is the primary health care resource for CU Boulder students. Through comprehensive care and education we strive to give students the skills and knowledge they need to develop healthy life-long habits. To learn more, visit Wardenburg Health Services (http://www.colorado.edu/health).

Counseling and Psychiatric Services
Counseling and Psychiatric Services offers confidential, on-campus mental health and psychiatric services for a variety of concerns such as academics, anxiety, body image, depression, relationships, substance use and more. To learn more, visit CAPS (http://www.colorado.edu/health/counseling).

Disability Services
Students with disabilities are one of the many groups that make up our campus community and a diverse community broadens our understanding and appreciation for the contributions of each individual. We provide leadership and guidance regarding accommodations and universal access, which requires a collaborative relationship among all members of the university community. To learn more, visit Disability Services (http://www.colorado.edu/disabilityservices).

Automatic Enrollment in Student Gold Health Insurance
Students registered for six or more undergraduate credit hours or one or more graduate credit hours will be automatically enrolled in CU’s Student Gold Health Insurance Plan and charged the semester premium every fall unless the selection is changed by the semester deadline.

Exceptions to automatic enrollment: new summer students, non-degree seeking Continuing Education, Leave of Absence Program, Study Abroad, Evening MBA program, or exclusively Be Boulder Anywhere courses.

Students can add the Campus Care supplement to their existing health insurance for basic coverage on campus or waive both university plans by providing proof of health insurance by the semester deadline.

For more information, visit the Health Insurance Requirement (http://www.colorado.edu/health/insurance/health-insurance) webpage.

Note: Plans available through the health insurance marketplace meet CU’s health insurance requirement. Colorado students may sign up through the Connect for Health Colorado (http://connectforhealthco.com) website. Nonresident students may sign up through their home state health exchange or through the national HealthCare.gov (https://www.healthcare.gov) website.