# FOUNDATIONS IN SUSTAINABLE LEADERSHIP -MICRO-CREDENTIAL

The Sustainable Leadership micro-credential provides students an opportunity to engage in leadership training focused on sustainability. Students will attend weekly gatherings for six weeks with presentations and discussions. This program uses the social change model of leadership development to teach students about leadership. It will have relevant sustainability theory, topics and skills sustainability leaders use to create change mixed into the sections of the model.

## Eligibility

CU Boulder students (including degree-seeking and nondegree/ACCESS)

### **Delivery Mode**

Hybrid of in-person and online delivery.

### **Credit Status**

Noncredit

### **Academic Level**

- Graduate
- Undergraduate

# Requirements

- · Attend at least 4 of 6 gatherings.
- · Take an assessment at the end of the program
- One-page reflection on what student has learned and gotten out of the program

### Criteria

### **Assessment**

Learners must take an assessment at the end of the program demonstrating knowledge of three components of sustainability: environment, society and economy as well as the components of the social change model of leadership development:

- Consciousness of self: Awareness of the beliefs, values, attitudes, and emotions that motivate one to take action.
- Congruence: Thinking, feeling, and behaving with consistency, genuineness, authenticity, and honesty.
- Commitment: Motivational energy to serve and that drives the collective effort. Commitment implies passion, intensity, and duration.
- Collaboration: Working with others in a common effort. It constitutes
  the cornerstone value of the group leadership effort because it
  empowers self and others through trust.
- Common purpose: Working with shared aims and values. It facilitates
  the group's ability to engage in collective analysis of the issues at
  hand and the task to be undertaken.
- Controversy with civility: Recognizes two fundamental realities of any creative group effort: that differences in viewpoint are inevitable, and that such difference must be aired openly but with civility.

 Citizenship: Process whereby the individual and the collaborative group become responsibly connected to the community and the society through the leadership experience.

#### Reflection

Learners must submit a one-page reflection on what they've learned and gotten out of the program including a reflection on what sustainable leadership means to them, in addition to a reflection on the following sustainable leadership skills learned and how they will use them in the future as a student, employee and citizen.

### **Skills**

- Adaptability
- · Change management
- · Collaboration
- Communication
- · Ethical decision-making
- · Influencing and advocacy
- · Long-term thinking
- · Resilience
- · Stakeholder engagement
- · Storytelling
- · Strategic planning
- · Systems thinking