

INNOVATING HAPPINESS - MICRO-CREDENTIAL

This program exposes students to a variety of collaborative problem solving strategies such as human-centered design thinking that can be used to foster cultures of subjective well-being at work and in communities.

Eligibility

- CU Boulder students (including degree-seeking and nondegree/ACCESS)
- CU Boulder employees

Delivery Mode

In-person.

Credit Status

For credit

Academic Level

Undergraduate

Requirements

To receive the micro-credential, student must take SOCY 2022 Happiness in Society and SOCY 4160 Designing Social Innovations.

Criteria

Using short essays, multiple choice exams, reflection exercises and group projects, participants in this program will be evaluated using the following criteria:

1. Has the student developed an understanding of the various perspectives on designing a fulfilling life?
2. Is the student able to explain the different methodologies used to conceive solutions to this problem?
3. Can the student develop and critically assess designs for personal and social change?
4. Does the student grasp the importance of learning from failure?

Skills

- Collaboration
- Design thinking
- Empathy
- Human-centered design
- Participatory design
- Problem solving