INTEGRATIVE PHYSIOLOGY

Physiology is the field of biology that deals with function in living organisms. The academic foundation of the department is the knowledge of how humans and animals function at the level of genes, cells, organs and systems. Our multidisciplinary curriculum requires students to take foundational courses in anatomy, biochemistry, mathematics, physics, physiology and statistics. With this basic knowledge, students can undertake a flexible curriculum that includes the study of biomechanics, cell physiology, endocrinology, immunology, exercise physiology and neurophysiology. The department also encourages student participation in research.

Students completing a degree in integrative physiology are expected to acquire the ability and skills to:

• read, evaluate and synthesize information from the research literature on integrative physiology;
• observe living organisms and be able to understand the physiological principles underlying function;
• be able to interpret movement and performance data from laboratory measurements; and
• communicate the outcome of an investigation and its contribution to the body of knowledge on integrative physiology.

These goals are achieved by providing a curriculum that comprises required courses and elective experiences. The required courses establish the foundation of knowledge for the discipline, whereas the elective courses provide opportunities to extend this knowledge on selected topics. The elective courses include seminars, independent study and research projects on such topics as aging, applied biomechanics, applied exercise science, behavioral neuroendocrinology, epidemiology, genetics of substance abuse, integrative physiology of aging, integrative vascular biology, locomotion, molecular biology of neurodegeneration, molecular neurogenetics, molecular signaling of neurological disorders, motor behavior, neuromechanics, neurophysiology of movement, reproductive endocrinology, sleep and chronobiology, sleep and development and stress physiology.

For more information, visit the Integrative Physiology (http://www.colorado.edu/intphys) website.

Course code for this program is IPHY.

Bachelor's Degree

• Integrative Physiology - Bachelor of Arts (BA) (catalog.colorado.edu/undergraduate/colleges-schools/arts-sciences/programs-study/integrative-physiology/integrative-physiology-bachelor-arts-ba)

Faculty

While many faculty teach both undergraduate and graduate students, some instruct students at the undergraduate level only. For more information, contact the faculty member's home department.

Ahmed, Alaa Abdalla (https://experts.colorado.edu/display/fisid_144736)
Associate Professor; PhD, University of Michigan Ann Arbor

Bartlett, Jamie Lynn (https://experts.colorado.edu/display/fisid_156740)
Lecturer

Bustamante, Heidi Margarita (https://experts.colorado.edu/display/fisid_146491)
Senior Instructor; MS, University of Colorado Boulder

Byrnes, William (https://experts.colorado.edu/display/fisid_100643)
Associate Professor; PhD, University of Wisconsin-Madison

Carey, Cynthia
Professor Emeritus

Casagrand, Janet L (https://experts.colorado.edu/display/fisid_100934)
Senior Instructor; PhD, Case Western Reserve University

DeSouza, Christopher A (https://experts.colorado.edu/display/fisid_107460)
Professor; PhD, University of Maryland College Park Campus

Dickinson, Arthur L.
Professor Emeritus

Eaton, Robert
Professor Emeritus

Ehringer, Marissa A (https://experts.colorado.edu/display/fisid_126595)
Associate Professor; PhD, University of Colorado Denver

Enoka, Roger M (https://experts.colorado.edu/display/fisid_110122)
Professor; PhD, University of Washington

Fleschner, Monika R (https://experts.colorado.edu/display/fisid_103304)
Professor; PhD, University of Colorado Boulder

Foley, Teresa E. (https://experts.colorado.edu/display/fisid_147351)
Senior Instructor; PhD, University of Colorado Boulder

Fowler, John S.
Professor Emeritus

Gleeson, Todd T (https://experts.colorado.edu/display/fisid_105480)
Professor; PhD, University of California-Irvine

Grabowski, Alena Marie (https://experts.colorado.edu/display/fisid_149727)
Assistant Professor; PhD, University of Colorado Boulder

Heisler, Ruth E (https://experts.colorado.edu/display/fisid_103195)
Senior Instructor; MA, University of Colorado Boulder

Hobbs, Steven L (https://experts.colorado.edu/display/fisid_143724)
Senior Instructor; PhD, University of Colorado Boulder

Hoeffer, Charles Albert (https://experts.colorado.edu/display/fisid_153384)
Assistant Professor; PhD, University of Arizona

Johnson, Thomas E (https://experts.colorado.edu/display/fisid_104242)
Professor; PhD, University of Washington

LaRocca, Thomas J (https://experts.colorado.edu/display/fisid_143989)
Instructor; PhD, University of Colorado Boulder

LeBourgeois, Monique Katherine (https://experts.colorado.edu/display/fisid_148411)
Associate Professor; PhD, University of Southern Mississippi
Courses

**IPHY 1950 (3) Introduction to Scientific Writing in Integrative Physiology**
Provides an overview of writing skills and strategies, emphasizing those most important to the sciences, especially physiology. Focuses on fundamental skills, objective analysis, and scientific persuasion, with attention to clear organization and style, academic and scientific mechanics, and distinctions between audiences.

**Requisites:** Restricted to students with 0-86 credits (Freshmen, Sophomore or Juniors) only.

**Additional Information:** Arts Sci Core Curr: Written Communication
Arts Sci Gen Ed: Written Communication-Lower
MAPS Course: English

**IPHY 2010 (1-3) Seminar in Integrative Physiology**
Introduces a small group of lower-division students to current research topics in integrative physiology. Emphasizes relevant applications to real-world situations.

**Repeatable:** Repeatable for up to 6.00 total credit hours.

**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences

**IPHY 2400 (2) Introduction to Medical Terminology for Future Health Professionals**
Provides an introduction to medical terminology used within the health professions. Word roots, prefixes and suffixes used in medical records for major body systems will be examined and explained. The structure and functions of the major systems will be defined and described. Recommended for IPHY students and students interested in pursuing a career in the health professions. No prerequisites required.

**Grading Basis:** Letter Grade

**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences

**IPHY 2420 (3) Nutrition for Health and Performance**
Focuses on the basic anatomy, physiology, and chemistry of nutrition. Topics include weight management, the role of diet and lifestyle in disease prevention, specific nutrient deficiencies and toxicities, nutrition standards and guidelines, sports nutrition recommendations, agricultural practices, and food policy issues. IPHY juniors or seniors are excluded from taking this course.

**Equivalent - Duplicate Degree Credit Not Granted:** IPHY 3400

**Requisites:** Restricted to non-IPHY majors or IPHY freshmen/sophomores (students with 0-56 credits) only.

**Additional Information:** Arts Sci Core Curr: Natural Science Non-Sequence
Arts Sci Gen Ed: Distribution-Natural Sciences

**IPHY 2500 (1) Perspectives in Health and Medicine**
Designed to increase awareness of issues that surround international and U.S. health care. Provides broad overview of topics relevant to 21st century medical practice. Includes guest lectures by faculty and practitioners from Denver Metro region, followed by opportunities to integrate new concepts using small group discussion and writing. Topics change each semester and may include: global development and health; socio-cultural issues in health care; health disparities; applied bioethics; health care system reform; narrative medicine.

**Requisites:** Restricted to students with 27-180 credits (Sophomores, Juniors or Seniors) only.

**Grading Basis:** Pass/Fail

**Additional Information:** Arts Sci Gen Ed: Distribution-Social Sciences

**IPHY 2750 (3) Introduction to Exercise Psychology**
Focuses on how psychological factors influence exercise and motor performance in both clinical and sport settings. Major topics include motivation, arousal, stress, imagery, self-confidence, concentration and burnout. Principles of psychological skills training are also discussed.

**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences
IPHY 2800 (4) Introduction to Statistics
Examines the application of statistics to research relevant to integrative physiology. Includes instruction and hands-on experience with related computer programs and interpretation of the results of their use.
**Requisites:** Restricted to Integrative Physiology (IPHY) majors only.
**Recommended:** Prerequisite: MATH 1300.
**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 2910 (1-6) Practicum in Integrative Physiology
Offers practical experience in organized situations with direct supervision.
**Repeatable:** Repeatable for up to 6.00 total credit hours.
**Requisites:** Restricted to students with 0-56 credits (Freshmen or Sophomore) only.

IPHY 3010 (1-2) Teaching in Integrative Physiology
Provides an opportunity to assist in teaching specific laboratory sections in IPHY under direct faculty supervision. Students must make arrangements with the faculty member responsible for the course in which they plan to assist.
**Repeatable:** Repeatable for up to 6.00 total credit hours. Allows multiple enrollment in term.

IPHY 3060 (4) Cell Physiology
Lect. and lab. Introduces the biology of eukaryotic systems at molecular, cellular and systems levels of integration, emphasizing the complementarities of structure and function and physiological mechanisms of regulation at the cellular and molecular level. Department enforced prerequisite: one year of general biology (lecture + lab).
**Requisites:** Requires prerequisite course of IPHY 3430 or IPHY 3470 (minimum grade C-). Restricted to students with 27-180 credits (Sophomores, Juniors or Seniors) only.
**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 3400 (3) Nutrition for IPHY Majors
Focuses on the science of nutrition, reviewing the basic anatomy, physiology and chemistry of nutrition. Concepts will focus on what the body needs for proper nutrition, how they are obtained, absorbed and processed by the body. Studies will expand to include the following: diet types, nutrition during life stages (i.e. pregnancy), different disease states and real world applications.
**Equivalent - Duplicate Degree Credit Not Granted:** IPHY 2420
**Requisites:** Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPHY) or Integrative Physiology Concurrent Degree majors only.
**Recommended:** Prerequisite IPHY 3410.
**Grading Basis:** Letter Grade
**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 3410 (3) Introduction to Human Anatomy
Introduces the basics of human anatomy. Department enforced prerequisite: one year of general biology (lecture + lab).
**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 3415 (2) Human Anatomy Laboratory
Introduces structures of the human anatomical systems using human cadavers and animal tissue. This laboratory is meant to complement IPHY 3410. Department enforced prerequisite: one year of general biology (lecture + lab) and prerequisite or corequisite: IPHY 3410.
**Requisites:** Requires prerequisite or corequisite of IPHY 3410 (minimum grade C).
**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sci Lab
Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 3430 (3) Human Physiology
Introduces the physiology of the nervous, muscular, cardiovascular, respiratory, urinary, immune, endocrine, digestive and reproductive systems. Department enforced prerequisites: one year; one year of general biology (lecture and lab). Recommended: IPHY 3415.
**Requisites:** Requires prerequisite courses of CHEM 1113/1114 or CHEM 1400/1401 or CHEN 1211/CHEN 1221 and IPHY 3410 (all minimum grade C-). Restricted to non-Integrative Physiology (IPHY) majors only.
**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 3435 (2) Physiology Lab
Introduces laboratory experience in selected aspects of human and comparative physiology for students in pharmacy and allied health rograms. Department enforced prerequisites: one year of general biology (lecture + lab); one year of general chemistry (lecture + lab); statistics (prereq or coreq).
**Requisites:** Requires prerequisite courses of IPHY 3415 and IPHY 3470 or IPHY 3430 (minimum grade C-).
**Recommended:** Coreq., IPHY 3480 (majors only).
**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sci Lab
Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 3440 (3) Clinical Nutrition
Exploration of clinical nutrition concepts from a health care provider perspective. Examines how and why diseases develop and what nutritional therapy and intervention is appropriate for disease resolution.
**Requisites:** Requires prerequisite of IPHY 2420 or IPHY 3400 (both minimum grade C). Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPHY) or Integrative Physiology Concurrent Degree majors only.
**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 3450 (3) Comparative Animal Physiology
Introduces principles of animal physiology and responses to environmental change. Involves animals and/or animal tissues. Department enforced prerequisites: one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab).
**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 3460 (5) Comparative Vertebrate Anatomy
Introduces major components of the vertebrate body and how they are organized into a whole organism, emphasizing function, evolution, and diversity of these basic features. Laboratories involve dissection of representative groups and demonstrations. Involves animals and/or animal tissues. Department enforced prerequisites: one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab).
**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 3470 (3) Human Physiology 1
Focuses on scientific thinking, cell physiology, neurophysiology, endocrinology, immunology and musculoskeletal physiology. The first semester of a two-semester sequence for IPHY and NRSC majors only. Department enforced prerequisites: one year of general biology (lecture and lab). Recommended course: IPHY 2800 or statistics equivalent and IPHY 3415.
**Requisites:** Requires prerequisite courses of CHEM 1133 and CHEM 1134 or CHEM 2100 and CHEM 2101 (all minimum grade C). Restricted to Integrative Physiology (IPHY) or Neuroscience (NRSC) majors only.
**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences
IPH 3480 (3) Human Physiology 2
Focuses on the physiology of the respiratory, cardiovascular, urinary, digestive and reproductive systems. The second semester of a two-semester sequence for IPHY and NRSC majors. Department enforced prerequisites: one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab); IPHY 3410 and 3415.
Requisites: Requires prerequisite course of IPHY 3470 (minimum grade C-). Restricted to Integrative Physiology (IPH) or Neuroscience (NRSC) majors only.
Recommended: Corequisite IPHY 3435.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPH 3490 (3) Introduction to Epidemiology
Examines the history and uses of epidemiology, measures of disease frequency and occurrence, association and causality, analytic epidemiology, evidence-based screening and outbreak investigations.
Recommended: Prerequisites IPHY 2800 and SOCY 2061 and PSYC 3101.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPH 3500 (2) Applied Clinical Research
Introduces fundamental concepts of clinical research to those interested in pursing a career in medicine or medical research. In addition to lectures introducing students to research design, errors in research and basic biostatistics, there will be significant emphasis on participation in ongoing medical research at Denver Health Medical Center and The Children's Hospital. This unique experience will provide students with first-hand exposure to all aspects of clinical research. Department enforced prerequisites: one year of general biology (lecture + lab).
Recommended: Prerequisite CHEM 3111 and premedical focus and/or previous research experience.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPH 3580 (3) Sleep, Circadian Rhythms and Health
Examines the history of sleep and circadian rhythms; lifespan development of sleep and rhythms; observational, physiological and clinical measures of sleep; screening for sleep and circadian disorders; associations between poor sleep and circadian misalignment and health; and evidence-based sleep and circadian interventions/preventions in healthy and clinical samples. Department enforced prerequisites: one year general biology plus labs, and one semester of statistics.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPH 3660 (3) Dynamics of Motor Learning
Focuses on information processing approaches and dynamical systems theory as explanations for human motor learning and the coordination of movement. Various topics are discussed from both perspectives including practice organization, attainment of elite performance, and the production of novel movements.

IPH 3700 (3) Scientific Writing in Integrative Physiology
Takes a process-based approach to writing. Assignments and classroom experiences emphasize critical thinking, using scientific evidence and reasoning to construct original arguments, and applying conventions and problem-solving skills to craft successful documents. Department enforced prerequisite: IPHY 2800 or equivalent.
Requisites: Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPH) or Integrative Physiology Concurrent Degree or Neuroscience (NRSC) majors only.

IPH 3800 (3) Forensic Biology
Introduces basic concepts of modern forensic science with emphasis on biological aspects such as forensic entomology, forensic botany, hair analysis, forensic anthropology, and forensic DNA analysis. Department enforced prerequisites: one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab).
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPH 3810 (1) Forensic Biology Laboratory
Introduces basic laboratory techniques and procedures of modern forensic science with emphasis on biological aspects such as forensic entomology, forensic botany, hair analysis, forensic anthropology and forensic DNA analysis. Department enforced prerequisites: one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab).
Recommended: Corequisite IPHY 3800.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPH 4010 (1-3) Seminar in Integrative Physiology
Introduces a small group of students to current research topics in integrative physiology, evaluation of current research and discussion of critical issues. Department enforced prerequisite: IPHY 2800 or equivalent.
Repeatable: Repeatable for up to 6.00 total credit hours. Allows multiple enrollment in term.
Requisites: Restricted to students with 27-180 credits (Sophomores, Juniors or Seniors) only.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPH 4200 (3) Physiological Genetics and Genomics
Covers fundamental concepts in molecular genetics/genomics with physiological applications. Topics include structure and function of nucleic acids, genome structure, genetic and genomic research tools, methods for identifying disease-causing mutations, regulation of gene expression, pharmacogenetics, gene therapy and ethical issues in modern genomics. First course of a 3-course series recommended for IBG students. Includes a recitation section.
Equivalent - Duplicate Degree Credit Not Granted: IPHY 5200
Requisites: Restricted to students with 27-180 credits (Sophomores, Juniors or Seniors) only.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPH 4440 (4) Endocrinology
Introduces mammalian endocrine system. Provides a thorough analysis of chemical communication by hormones and related bioregulators with emphasis on the major endocrine systems such as the thyroid, gonad, pituitary and the brain. Department enforced prerequisites: one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab).
Equivalent - Duplicate Degree Credit Not Granted: IPHY 5440
Requisites: Requires prerequisite course of IPHY 3470 (minimum grade C-). Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPH) or Neuroscience (NRSC) majors only.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPH 4470 (3) Biology of Human Reproduction
Anatomy and physiology of human reproduction, including gender determination, embryology, puberty, menstrual cycle, pregnancy, lactation, menopause, sexual behavior, sexual abnormalities and contraception. Open to nonmajors. Department enforced prerequisites: one year of general biology (lecture + lab).
Recommended: Prerequisites IPHY 3470 and IPHY 3480 (majors) or IPHY 3430 or (non-majors) or IPHY 4440.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences
IPHYS 4471 (3) Biomechanics
Applies the principles of physics and physiology to the analysis of human movement. Quantitative analysis of forces, torque, mechanical energy, power impulses and momentum associated with human movement. Mechanical properties of muscles, tendons, ligaments and bones.
Requisites: Requires prerequisite course of IPHY 3470 (minimum grade C). Restricted to Integrative Physiology (IPHYS) or Neuroscience (NRSC) majors only.
Recommended: Prerequisites (MATH 1300 or MATH 1310 or APPM 1350) and IPHY 3415.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHYS 4473 (4) Exercise Physiology
Examines physiological and biochemical adjustments that occur in the body with acute and chronic exercise. Topics center on physiological mechanisms pertaining to metabolic, cardiovascular, and hormonal alterations, the role of exercise in health and disease, soreness and fatigue, immune function, as well as exercise during varied environmental conditions. Department enforced prerequisites: IPHY 2800 or equivalent and IPHY 3480. Department enforced corequisite: IPHY 3410.
Requisites: Requires prerequisite course of IPHY 3470 and 3480 (all minimum grade C). Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPHYS) or Integrative Physiology Concurrent Degree or Neuroscience (NRSC) majors only.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHYS 4480 (3) Comparative Reproduction
Focuses on comparative anatomy and physiology of reproductive system and the evolution of reproductive behavior in vertebrates and invertebrates. Topics include courtship, mating, fertilization, estrous and menstrual cycles and environmental control of seasonal reproduction. Department enforced prerequisite: one year of general biology (lecture + lab).
Recommended: Prerequisite IPHY 3480 (majors) or IPHY 3430 (non-majors).
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHYS 4490 (3) Case Studies in Public Health
Explores case studies in public health in how they have influenced our approach to disease outbreaks and disease resolution. Examines famous case studies in infectious disease, zoonoses and non-infectious diseases, including environmental and occupational exposure to see how they have changed our understanding of disease and responses by health and medical personnel. Examines special populations within public health, as well as discuss modern public health challenges.
Requisites: Requires prerequisite courses of IPHY 3490 (minimum grade D-).
Grading Basis: Letter Grade
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHYS 4500 (5) Biomechanics
Examines the function of the nervous system, including how the properties of neurons influence nervous system activity, how the nervous system controls the activity of muscles and how the sensory effects of muscle activity influence the function of the nervous system. Department enforced prerequisites: one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab).
Equivalent - Duplicate Degree Credit Not Granted: IPHY 5600
Requisites: Requires prerequisite course of IPHY 3470 (minimum grade C). Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPHYS), Integrative Physiology Concurrent Degree or Neuroscience (NRSC) majors only.
Recommended: Prerequisite IPHY 3060.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHYS 4540 (5) Biomechanics
Studies the immune system, a multi-cellular system that functions to protect us from disease. Introduces concepts associated with the development and function of individual cells of the immune system (T-cells, B-cells, neutrophils, dendritic cells, macrophages), as well as their integrative roles in physiology and host defense. Department enforced prerequisites: one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab).
Equivalent - Duplicate Degree Credit Not Granted: IPHY 5720
Requisites: Requires prerequisite course of IPHY 3470 (minimum grade C). Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPHYS) or Integrative Physiology Concurrent Degree or Neuroscience (NRSC) majors only.
Grading Basis: Letter Grade
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHYS 4560 (5) Exercise Physiology
Examines physiological and biochemical adjustments that occur in the body with acute and chronic exercise. Topics center on physiological mechanisms pertaining to metabolic, cardiovascular, and hormonal alterations, the role of exercise in health and disease, soreness and fatigue, immune function, as well as exercise during varied environmental conditions. Department enforced prerequisites: IPHY 2800 or equivalent and IPHY 3480. Department enforced corequisite: IPHY 3410.
Requisites: Requires prerequisite course of IPHY 3470 and 3480 (all minimum grade C). Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPHYS) or Integrative Physiology Concurrent Degree or Neuroscience (NRSC) majors only.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHYS 4671 (3) Critical Thinking in Integrative Physiology
Covers specific integrative physiology topics in areas such as animal physiology, endothelial function, neurobiology, exercise immunology and exercise physiology. Department enforced prerequisite: 13-hours of IPHY coursework.
Repeatable: Repeatable for up to 6.00 total credit hours. Allows multiple enrollment in term.
Requisites: Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPHYS) or Integrative Physiology Concurrent Degree majors only.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHYS 4672 (4) Critical Thinking in Exercise Physiology
Covers specific exercise physiology topics such as cellular cause of fatigue and muscle soreness, heart disease, regulation of blood flow, diabetes, aging, training adaptations, exercise at high altitude, ergogenic aids and excitation-contraction of muscle. Department enforced prerequisite: IPHY 4650.
Requisites: Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPHYS) or Integrative Physiology Concurrent Degree majors only.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHYS 4660 (3) Critical Thinking in Exercise Physiology
Covers specific exercise physiology topics such as cellular cause of fatigue and muscle soreness, heart disease, regulation of blood flow, diabetes, aging, training adaptations, exercise at high altitude, ergogenic aids and excitation-contraction of muscle. Department enforced prerequisite: IPHY 4650.
Requisites: Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPHYS) or Integrative Physiology Concurrent Degree majors only.
Grading Basis: Letter Grade
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHYS 4720 (4) Neuropysiology
Explores the function of the nervous system, including how the properties of neurons influence nervous system activity, how the nervous system controls the activity of muscles and how the sensory effects of muscle activity influence the function of the nervous system. Department enforced prerequisites: one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab), IPHY 2800 (or equivalent); IPHY 3410.
Equivalent - Duplicate Degree Credit Not Granted: IPHY 5720
Requisites: Requires prerequisite course of IPHY 3470 (minimum grade C). Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPHYS) or Integrative Physiology Concurrent Degree or Neuroscience (NRSC) majors only.
Grading Basis: Letter Grade
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHYS 4730 (3) Integrative Motor Control
Investigates human motor control by integrating concepts from exercise physiology, biomechanics, and sport psychology. Applications are made to clinical and educational exercise contexts.
Equivalent - Duplicate Degree Credit Not Granted: IPHY 5730
Recommended: Prerequisites IPHY 3410 and IPHY 3470.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences
IPHY 4740 (3) Theory of Motor Skill Learning
Offers a critical analysis of motor learning theories, including Adam's closed loop theory, Schmidt's schema theory, and the influence of contextual interference on learning and performance. Also covers feedback and practice organization. Projects and presentations required.
Equivalent - Duplicate Degree Credit Not Granted: IPHY 5740
Requisites: Restricted to students with 57-180 credits (Juniors or Seniors).
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 4850 (1) Honors Thesis Seminar
To be taken during the final academic year prior to graduation. Consists of a lecture component on Honors thesis writing and defense, as well as a seminar component where Honors candidates present their thesis research in a practice defense talk.
Recommended: Prerequisite IPHY 3700, minimum 3.3 GPA and a declared IPHY major and approval by departmental honors committee.
Grading Basis: Pass/Fail

IPHY 4860 (1-6) Independent Study: Undergraduate
Students may register for more than one section per term.
Repeatable: Repeatable for up to 8.00 total credit hours. Allows multiple enrollment in term.

IPHY 4870 (1-3) Honors Thesis
Department enforced prerequisites: IPHY 2800 and IPHY 3700.
Additional Information: Arts Sciences Honors Course

IPHY 4890 (3) Community-Based Primary Health Care
Introduces models of Community-Based Health Care (CBPHC), relevant research regarding the models and methods of implementation in rural low resource settings. This 3 week summer global seminar in Nicaragua also includes public health data collection in a rural area in conjunction with local health promoters. Provides students with practical skills in the implementation of CBPHC in rural low resource settings.
Requisites: Restricted to students with 57-180 credits (Juniors or Seniors).
Recommended: Prerequisite GEOG 3692.
Grading Basis: Letter Grade
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 4930 (1-6) Internship
Provides an opportunity for field/laboratory work in a variety of different settings. Consult with faculty for approval. Department enforced prerequisite: completion of at least two of the major core classes.
Repeatable: Repeatable for up to 6.00 total credit hours. Allows multiple enrollment in term.
Requisites: Restricted to students with 57-180 credits (Juniors or Seniors).

IPHY 4940 (1-6) Application for Clinical Internship
Provides an opportunity for clinical experience in a clinic or hospital setting with which the University has an established Affiliation Agreement. Consult with faculty for approval. Department enforced prerequisite: completion of two 3000-level courses.
Repeatable: Repeatable for up to 6.00 total credit hours. Allows multiple enrollment in term.
Requisites: Restricted to students with 57-180 credits (Juniors or Seniors).