INTEGRATIVE PHYSIOLOGY

Physiology is the field of biology that deals with function in living organisms. The academic foundation of the department is the knowledge of how humans and animals function at the level of genes, cells, organs and systems. Our multidisciplinary curriculum requires students to take foundational courses in anatomy, mathematics, physics, physiology and statistics. With this basic knowledge, students can undertake a flexible curriculum that includes the study of biomechanics, cell physiology, endocrinology, immunology, exercise physiology, neurophysiology and sleep physiology. The department also encourages student participation in research.

Students completing a degree in integrative physiology are expected to acquire the ability and skills to:

• read, evaluate and synthesize information from the research literature on integrative physiology;
• observe living organisms and be able to understand the physiological principles underlying function;
• be able to interpret movement and performance data from laboratory measurements; and
• communicate the outcome of an investigation and its contribution to the body of knowledge on integrative physiology.

These goals are achieved by providing a curriculum that comprises required courses and elective experiences. The required courses establish the foundation of knowledge for the discipline, whereas the elective courses provide opportunities to extend this knowledge on selected topics. The elective courses include seminars, independent study and research projects on such topics as aging, applied biomechanics, applied exercise science, behavioral neuroendocrinology, epidemiology, genetics of substance abuse, integrative physiology of aging, integrative vascular biology, locomotion, molecular biology of neurodegeneration, molecular neurogenetics, molecular signaling of neurological disorders, motor behavior, neuromechanics, neurophysiology of movement, reproductive endocrinology, sleep and chronobiology, sleep and development and stress physiology.

For more information, visit the Integrative Physiology (http://www.colorado.edu/iphy/) website.

Course code for this program is IPHY.

Bachelor’s Degree

• Integrative Physiology - Bachelor of Arts (BA) (catalog.colorado.edu/undergraduate/colleges-schools/arts-sciences/programs-study/integrative-physiology/integrative-physiology-bachelor-arts-ba/)

Faculty

While many faculty teach both undergraduate and graduate students, some instruct students at the undergraduate level only. For more information, contact the faculty member’s home department.

Alderete, Tanya Lynn (https://experts.colorado.edu/display/fisid_159723/)  
Assistant Professor; PhD, University of Southern California

Anderson, Allison P. (https://experts.colorado.edu/display/fisid_156275/)  
Assistant Professor Adjunct; PhD, Massachusetts Institute of Technology

Bustamante, Heidi Margarita (https://experts.colorado.edu/display/fisid_146491/)  
Senior Instructor; MS, University of Colorado Boulder

Byrnes, William (https://experts.colorado.edu/display/fisid_100643/)  
Associate Professor Emeritus; PhD, University of Wisconsin–Madison

Carey, Cynthia  
Professor Emerita

Casagrand, Janet L. (https://experts.colorado.edu/display/fisid_100934/)  
Senior Instructor; PhD, Case Western Reserve University

DeSouza, Christopher A. (https://experts.colorado.edu/display/fisid_107460/)  
Professor; PhD, University of Maryland, College Park

Eaton, Robert  
Professor Emeritus

Ehringer, Marissa A. (https://experts.colorado.edu/display/fisid_126595/)  
Associate Professor; PhD, University of Colorado Denver

Enoka, Roger M. (https://experts.colorado.edu/display/fisid_110122/)  
Professor; PhD, University of Washington

Fleschner, Monika R. (https://experts.colorado.edu/display/fisid_103304/)  
Professor; PhD, University of Colorado Boulder

Foley, Teresa E. (https://experts.colorado.edu/display/fisid_147351/)  
Senior Instructor; PhD, University of Colorado Boulder

Fowler, John S.  
Professor Emeritus

Gleeson, Todd T. (https://experts.colorado.edu/display/fisid_105480/)  
Professor; PhD, University of California, Irvine

Grabowski, Alena Marie (https://experts.colorado.edu/display/fisid_149727/)  
Associate Professor; PhD, University of Colorado Boulder

Heisler, Ruth E. (https://experts.colorado.edu/display/fisid_103195/)  
Associate Chair; Senior Instructor; MA, University of Colorado Boulder

Hobbs, Steven L. (https://experts.colorado.edu/display/fisid_143724/)  
Senior Instructor; PhD, University of Colorado Boulder

Hoeffer, Charles Albert (https://experts.colorado.edu/display/fisid_153384/)  
Assistant Professor; PhD, University of Arizona

Johnson, Thomas E. (https://experts.colorado.edu/display/fisid_104242/)  
Professor; PhD, University of Washington

LaRocca, Thomas J.  
Instructor; PhD, University of Colorado Boulder

LeBourgeois, Monique Katherine (https://experts.colorado.edu/display/fisid_148411/)  
Associate Professor; PhD, University of Southern Mississippi

Link, Christopher D. (https://experts.colorado.edu/display/fisid_109073/)  
Associate Professor; PhD, University of Massachusetts at Amherst
Courses

**IPHY 1020 (1) Introduction to Integrative Physiology**
Introduces students to Integrative Physiology. Provides an overview of the major and how it differs from other biology programs; how to get involved in clubs, research, and/or internship opportunities; strategies for succeeding in IPHY courses; and career options. This is a first-year colloquium course specifically designed for freshman and other students exploring their educational and career opportunities.

**Grading Basis:** Pass/Fail

**IPHY 1111 (2) Analysis of Human Movement with Smart-Phone Technology**
Learn how to measure and analyze human movement using a smartphone application. After being provided with some background information on human physiology, students will learn how to acquire, process, and analyze signals detected by the app. Students will be required to participate in a group project that they present in poster format to their peers.

**Requisites:** Restricted to students with 0-56 credits (Freshmen or Sophomore) only.

**Grading Basis:** Letter Grade

**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sci Lab

**IPHY 1121 (2) Using Sensor Technology to Study the Effects of Light on Human Health**
Introduces you the basics of photobiology, measurement of light (including a discussion of human-centric vs. radiometric units for quantifying light exposure), and light effects on human physiology and long-term health. You will also be taught how to program light sensors, extract raw data, process, analyze and visualize it (incl. basic statistics in R).

**Grading Basis:** Letter Grade

**IPHY 1131 (2) Using model organisms to study human disease: hands-on research**
Provides a hands-on laboratory research experience, including undertaking science scholarship, designing and performing experiments, and analysis of quantitative data. Students will also be exposed to basic concepts in genetics and molecular biology, as well as the rationale for current experimental approaches for understanding human disease.

**Grading Basis:** Letter Grade

**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences

**IPHY 1181 (2) Biological Probiotic/Drug Discovery Through Hands-on Screens**
Provides introduction to research and laboratory experience. Students will work in teams to screen novel mycobacterial strains for use as probiotics or immunoregulatory/anti-inflammatory drugs using THP-1 cells, a human monocytic cell line. Topics covered include the hygiene or "Old Friends" hypothesis, the human microbiome, approaches to screening for new probiotics of therapeutics and statistical analysis of the data.

**Equivalent - Duplicate Degree Credit Not Granted:** MCDB 1181

**Grading Basis:** Letter Grade
IPHY 1211 (2)
Using Sensor Technology to Study the Effects of Light on Human Health
Introduces you the basics of photobiology, measurement of light (including a discussion of human-centric vs. radiometric units for quantifying light exposure), and light effects on human physiology and long-term health. You will also be taught how to program light sensors, extract raw data, process, analyze and visualize it (incl. basic statistics in R).
Grading Basis: Letter Grade

IPHY 1600 (3) Basic Human Anatomy & Physiology
Focuses on basic knowledge of human body structures and functions. Topics include an orientation to the human body, basic chemistry and cell structure, the integumentary, skeletal, muscular, nervous, endocrine, cardiovascular, lymphatic, immune, respiratory, digestive, urinary, and reproductive systems.

IPHY 1950 (3) Introduction to Scientific Writing in Integrative Physiology
Provides an overview of writing skills and strategies, emphasizing those most important to the sciences, especially physiology. Focuses on fundamental skills, objective analysis, and scientific persuasion, with attention to clear organization and style, academic and scientific mechanics, and distinctions between audiences.
Requisites: Restricted to students with 0-86 credits (Freshmen, Sophomore or Juniors) only.
Additional Information: Arts Sci Core Curr: Written Communication-Lower MAPS Course: English

IPHY 2010 (1-3) Seminar in Integrative Physiology
Introduces a small group of lower-division students to current research topics in integrative physiology. Emphasizes relevant applications to real-world situations.
Repeatable: Repeatable for up to 6.00 total credit hours.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 2400 (2) Introduction to Medical Terminology for Future Health Professionals
Provides an introduction to medical terminology used within the health professions. Word roots, prefixes and suffixes used in medical records for major body systems will be examined and explained. The structure and functions of the major systems will be defined and described. Recommended for IPHY students and students interested in pursuing a career in the health professions. No prerequisites required.
Grading Basis: Letter Grade
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 2420 (3) Introduction to Nutrition
Focuses on the basic anatomy, physiology, and chemistry of nutrition. Topics include weight management, the role of diet and lifestyle in disease prevention, specific nutrient deficiencies and toxicities, nutrition standards and guidelines, sports nutrition recommendations, agricultural practices, and food policy issues.
Equivalent - Duplicate Degree Credit Not Granted: IPHY 2420

IPHY 2750 (3) Introduction to Exercise Psychology
Focuses on how psychological factors influence exercise and motor performance in both clinical and sport settings. Major topics include motivation, arousal, stress, imagery, self-confidence, concentration and burnout. Principles of psychological skills training are also discussed.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 2800 (4) Introduction to Statistics
Examines the application of statistics to research relevant to integrative physiology. Includes instruction and hands-on experience with related computer programs and interpretation of the results of their use.
Requisites: Restricted to Integrative Physiology (IPHY) majors only.
Recommended: Prerequisite MATH 1300.

IPHY 2910 (1-6) Practicum in Integrative Physiology
Offers practical experience in organized situations with direct supervision.
Repeatable: Repeatable for up to 6.00 total credit hours.
Requisites: Restricted to students with 0-56 credits (Freshmen or Sophomore) only.

IPHY 3010 (1-2) Teaching in Integrative Physiology
Provides an opportunity to assist in teaching specific laboratory sections in IPHY under direct faculty supervision. Students must make arrangements with the faculty member responsible for the course in which they plan to assist.
Repeatable: Repeatable for up to 6.00 total credit hours. Allows multiple enrollment in term.

IPHY 3020 (4) Intro to Data Science and Biostatistics
Builds a foundation for modern data analysis and experimental design in the context of human physiology, health and disease. An intuitive understanding of probability, statistical methods, test outcomes and data relationships are emphasized over rigorous mathematical proofs. Foundational analytical skills using R and R Studio are developed using real and simulated data.
Grading Basis: Letter Grade

IPHY 3280 (4) Intro to Data Science and Biostatistics
Builds a foundation for modern data analysis and experimental design in the context of human physiology, health and disease. An intuitive understanding of probability, statistical methods, test outcomes and data relationships are emphasized over rigorous mathematical proofs. Foundational analytical skills using R and R Studio are developed using real and simulated data.
Grading Basis: Letter Grade

IPHY 3400 (3) Nutrition for IPHY Majors
Focuses on the science of nutrition, reviewing the basic anatomy, physiology and chemistry of nutrition. Concepts will focus on what the body needs for proper nutrition, how they are obtained, absorbed and processed by the body. Studies will expand to include the following: diet types, nutrition during life stages (i.e. pregnancy), different disease states and real world applications.
Equivalent - Duplicate Degree Credit Not Granted: IPHY 2420
Requisites: Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPHY) or Integrative Physiology Concurrent Degree majors only.
Recommended: Prerequisite IPHY 3410.
Grading Basis: Letter Grade
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 3410 (3) Human Anatomy
Explores the cells, tissues, and organs that compose the different anatomical systems including integumentary, skeletal, muscular, digestive, respiratory, cardiovascular, lymphatic, nervous, urinary and reproductive.
Requisites: Requires prerequisite courses of EBIIO 1210 or MCDB 1150 or CHEN 2810 (minimum grade C-).
Recommended: Prerequisite EBIIO 1220.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences
IPHY 3415 (2) Human Anatomy Laboratory
Introduces structures of the human anatomical systems using human cadavers and animal tissue. This laboratory is meant to complement IPHY 3410.
Equivalent - Duplicate Degree Credit Not Granted: IPHY 3417
Requisites: Requires prerequisite or corequisite of IPHY 3410 (minimum grade C-).
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sci Lab
Arts Sci Gen Ed: Distribution-Natural Sciences
IPHY 3417 (2) Virtual Human Anatomy Laboratory
Introduces structures of the human anatomical systems using a virtual interactive anatomy program. This laboratory is meant to complement IPHY 3410. As an online course, this lab may not fulfill prerequisites for post-baccalaureate, graduate, or other allied health programs. Please consult with your Biology advisor before enrollment.
Equivalent - Duplicate Degree Credit Not Granted: IPHY 3415
Requisites: Requires prerequisite or corequisite of IPHY 3410 (minimum grade C-).
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences Lab
IPHY 3430 (4) Human Physiology
Introduces the physiology of the endocrine, nervous, muscular, cardiovascular, respiratory, urinary, digestive, reproductive and immune systems. Each system will be integrated into the larger contexts of homeostasis and adaptation during pathology and challenges. Students must enroll in lecture and recitation sections.
Equivalent - Duplicate Degree Credit Not Granted: IPHY 3470
Requisites: Requires prerequisite courses of IPHY 3410 and prerequisite or corequisite of CHEM 1133/1134 (all minimum grade C-).
Recommended: Prerequisite IPHY 3415.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences
IPHY 3435 (3) Clinical Nutrition
Exploration of clinical nutrition concepts from a health care provider perspective. Examines how and why diseases develop and what nutritional therapy and intervention is appropriate for disease resolution.
Requisites: Requires prerequisite of IPHY 2420 or IPHY 3400 (both minimum grade C-). Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPHY) or Integrative Physiology Concurrent Degree majors only.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences
IPHY 3450 (3) Comparative Animal Physiology
Introduces principles of animal physiology and responses to environmental change. Involves animals and/or animal tissues. Department enforced prerequisites: one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab).
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences
IPHY 3470 (3) Human Physiology 1
Focuses on scientific thinking, cell physiology, neurophysiology, endocrinology, immunology and musculoskeletal physiology. The first semester of a two-semester sequence for IPHY and NRSC majors only. Department enforced prerequisites: one year of general biology (lecture and lab), statistics equivalent. Recommended course: IPHY 3415. Those who took IPHY 3430 prior to becoming IPHY major, will only receive credit for IPHY 3470.
Equivalent - Duplicate Degree Credit Not Granted: IPHY 3430
Requisites: Requires prerequisite courses of CHEM 1113 and CHEM 1114 (all minimum grade C-). Restricted to Integrative Physiology (IPHY) or Neuroscience (NRSC) majors only.
Grading Basis: Letter Grade
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences
IPHY 3480 (3) Human Physiology 2
Focuses on the physiology of the respiratory, cardiovascular, urinary, digestive and reproductive systems. The second semester of a two-semester sequence for IPHY and NRSC majors. Department enforced prerequisites: one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab); IPHY 3410.
Requisites: Requires prerequisite course of IPHY 3470 (minimum grade C-). Restricted to Integrative Physiology (IPHY) or Neuroscience (NRSC) majors only.
Recommended: Prerequisite IPHY 3415, and recommended corequisite: IPHY 3435.
Grading Basis: Letter Grade
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences
IPHY 3490 (3) Introduction to Epidemiology
Examines the history and uses of epidemiology, measures of disease frequency and occurrence, association and causality, analytic epidemiology, evidence-based screening and outbreak investigations.
Recommended: Prerequisites IPHY 2800 and SOCY 2061 and PSYC 3101.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences
IPHY 3500 (2) Applied Clinical Research
Introduces fundamental concepts of clinical research to those interested in pursuing a career in medicine or medical research. In addition to lectures introducing students to research design, errors in research and basic biostatistics, there will be significant emphasis on participation in ongoing medical research at Denver Health Medical Center and The Children's Hospital. This unique experience will provide students with first-hand exposure to all aspects of clinical research. Department enforced prerequisites: one year of general biology (lecture + lab).
Recommended: Prerequisite CHEM 3111 and premedical focus and/or previous research experience.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 3580 (3) Sleep, Circadian Rhythms and Health
Examines the history of sleep and circadian rhythms; lifespan development of sleep and rhythms; observational, physiological and clinical measures of sleep; screening for sleep and circadian disorders; associations between poor sleep and circadian misalignment and health; and evidence-based sleep and circadian interventions/preventions in healthy and clinical samples. Department enforced prerequisites: one year general biology plus labs, and one semester of statistics.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 3590 (3) Health and Function over the Adult Lifespan
Examines topics in the field of biomedical aging in the context of public health including: lifespan, changing demographics of aging, healthspan, genetics of aging; physiology of aging (changes in function with age; biological mechanisms of aging); clinical disorders of aging (aging and chronic diseases; clinical syndromes in geriatric medicine); lifestyle and pharmacological strategies for preserving health and function with aging.
Requisites: Prereq of EBIO 1210/1220 or MCB 1150/2150 or EBIO 1230/1240 or MCB 1161, 1171, 1181 or IPHY 1181 ANTH 4000 or APPM 4570 or BCOR 1020 or ECON 3818 or GEOG 3023 or GEOL 3023 or IPHY 2800 or MATH 2510 or PSY 2075 or PSYC 2111 or SOCY 2061 (minimum grade C-

IPHY 3660 (3) Dynamics of Motor Learning
Focuses on information processing approaches and dynamical systems theory as explanations for human motor learning and the coordination of movement. Various topics are discussed from both perspectives including practice organization, attainment of elite performance, and the production of novel movements.

IPHY 3700 (3) Scientific Writing in Integrative Physiology
Takes a process-based approach to writing. Assignments and classroom experiences emphasize critical thinking, using scientific evidence and reasoning to construct original arguments, and applying conventions and problem-solving skills to craft successful documents. Department enforced prerequisite: IPHY 2800 or equivalent.
Requisites: Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPHY) or Integrative Physiology Concurrent Degree or Neuroscience (NRSC) majors only.

IPHY 3800 (3) Forensic Biology
Introduces basic concepts of modern forensic science with emphasis on biological aspects such as forensic entomology, forensic botany, hair analysis, forensic anthropology, and forensic DNA analysis. Department enforced prerequisites: one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab).
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 3810 (1) Forensic Biology Laboratory
Introduces basic laboratory techniques and procedures of modern forensic science with emphasis on biological aspects such as forensic entomology, forensic botany, hair analysis, forensic anthropology and forensic DNA analysis. Department enforced prerequisites: one year of general biology (lecture + lab) and one year of general chemistry (lecture + lab).
Recommended: Corequisite IPHY 3800.

IPHY 4010 (1-3) Seminar in Integrative Physiology
Introduces a small group of students to current research topics in integrative physiology, evaluation of current research and discussion of critical issues. Department enforced prerequisite: IPHY 2800 or equivalent.
Repeatable: Repeatable for up to 6.00 total credit hours. Allows multiple enrollment in term.
Requisites: Restricted to students with 27-180 credits (Sophomores, Juniors or Seniors) only.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 4060 (4) Cell Physiology
Focuses on the molecular machines and cellular sub-compartments that allow cells to renew, replicate, and function in the context of multicellular organisms. Students must enroll in lecture and lab sections.
Requisites: Requires prerequisite course of IPHY 3430 or IPHY 3470 and IPHY 3435 (all minimum grade C-).
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 4200 (3) Physiological Genetics and Genomics
Covers fundamental concepts in molecular genetics/genomics with physiological applications. Topics include structure and function of nucleic acids, genome structure, genetic and genomic research tools, methods for identifying disease-causing mutations, regulation of gene expression, pharmacogenetics, gene therapy and ethical issues in modern genomics. First course of a 3-course series recommended for IBG students. Includes a recitation section.
Equivalent - Duplicate Degree Credit Not Granted: IPHY 5200
Requisites: Restricted to students with 27-180 credits (Sophomores, Juniors or Seniors) only.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 4300 (3) Pathophysiology of Disease
Uses case studies to explore various disease states of the organ systems within the body and the underlying mechanisms that contribute to the manifestations of these diseases. Additionally, students will examine the importance of epidemiology in the understanding of disease as well as discuss infectious disease, and the role of genetics in congenital defects and cancer.
Requisites: Requires prerequisite courses of IPHY 3410 and (IPHY 3430 or IPHY 3470) (minimum grade C-).
Grading Basis: Letter Grade

IPHY 4420 (3) Nutrition and Human Performance
Examines nutrient use during exercise and the nutrient needs of athletes and active individuals, including strategies to improve physical performance and recovery through dietary manipulations and dietary supplements.
Requisites: Requires prerequisite course of IPHY 2420 or IPHY 3400 (minimum grade C-).
IPHY 4440 (4) Endocrinology
Introduces mammalian endocrine system. Provides a thorough analysis of chemical communication by hormones and related bioregulators with emphasis on the major endocrine systems such as the thyroid, gonad, pituitary and the brain. Students must take lecture and recitation sections.
Equivalent - Duplicate Degree Credit Not Granted: IPHY 5440
Requisites: Requires prerequisite courses of (IPHY 3430 or IPHY 3480) and IPHY 3435 (minimum grade C). Restricted to Integrative Physiology (IPHY) or Neuroscience (NRSC) majors only.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 4470 (3) Biology of Human Reproduction
Anatomy and physiology of human reproduction, including gender determination, embryology, puberty, menstrual cycle, pregnancy, lactation, menopause, sexual behavior, sexual abnormalities and contraception. Open to nonmajors. Department enforced prerequisites: one year of general biology (lecture + lab).
Recommended: Prerequisites IPHY 3470 and IPHY 3480 (majors) or IPHY 3430 or (non-majors) or IPHY 4440.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 4480 (3) Comparative Reproduction
Focuses on comparative anatomy and physiology of reproductive system and the evolution of reproductive behavior in vertebrates and invertebrates. Topics include courtship, mating, fertilization, estrous and menstrual cycles and environmental control of seasonal reproduction. Department enforced prerequisite: one year of general biology (lecture + lab).
Recommended: Prerequisite IPHY 3480 (majors) or IPHY 3430 (non-majors).
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 4490 (3) Case Studies in Public Health
Explores case studies in public health in how they have influenced our approach to disease outbreaks and disease resolution. Examines famous case studies in infectious disease, zoonoses and non-infectious diseases, including environmental and occupational exposure to see how they have changed our understanding of disease and responses by health and medical personnel. Examines special populations within public health, as well as discuss modern public health challenges.
Requisites: Requires prerequisite courses of IPHY 3490 (minimum grade D-).
Grading Basis: Letter Grade
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 4540 (5) Biomechanics
Applies the principles of physics and physiology to analyze the movement of humans and other animals. Assesses the mechanical properties of muscles, tendons, ligaments and bones. Quantitatively analyzes forces, torque, mechanical energy, power impulses and momentum associated with human movement. Department enforced prerequisite: completion of statistics course or equivalent.
Requisites: Requires prerequisite course of IPHY 3430 or IPHY 3470 and PHYS 1110 or PHYS 2010 (all minimum grade C). Restricted to Integrative Physiology (IPHY), Neuroscience (NRSC) or College of Engineering (ENGR) majors only.
Recommended: Prerequisites (MATH 1300 or MATH 1310 or APPM 1350) and IPHY 3415.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 4580 (3) Sleep Physiology
Describes the physiology, neurobiology, and functions of sleep and circadian rhythms; explains the impact of sleep and circadian rhythms, as well as sleep and circadian disruptions and disorders on immune, endocrine, thermoregulatory, cardiovascular, respiratory, and neural systems; examines changes in sleep and circadian rhythms across the life span. The integrative nature of sleep and circadian rhythms in normal physiological and cognitive functions and their importance in health and disease processes will be emphasized. Department enforced prerequisite: completion of statistics course or equivalent.
Equivalent - Duplicate Degree Credit Not Granted: IPHY 5580
Requisites: Requires prerequisite course of IPHY 3430 or IPHY 3470 (minimum grade C).
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 4600 (3) Immunology
Studies the immune system, a multi-cellular system that functions to protect us from disease. Introduces concepts associated with the development and function of individual cells of the immune system (T-cells, B-cells, neutrophils, dendritic cells, macrophages), as well as their integrative roles in physiology and host defense. This course requires a conceptual understanding of the material and emphasizes problem-solving skills through case studies.
Equivalent - Duplicate Degree Credit Not Granted: IPHY 5600
Requisites: Requires prerequisite course of IPHY 3430 or IPHY 3470 (minimum grade C). Restricted to Integrative Physiology (IPHY), Integrative Physiology Concurrent Degree (C-IPHY) or Neuroscience (NRSC) majors only.
Recommended: Prerequisite IPHY 3060 or IPHY 4060.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 4650 (5) Exercise Physiology
Examines physiological and biochemical adjustments that occur in the body with acute and chronic exercise. Topics center on physiological mechanisms pertaining to metabolic, cardiovascular, and hormonal alterations, the role of exercise in health and disease, soreness and fatigue, immune function, as well as exercise during varied environmental conditions.
Requisites: Requires prerequisite course of (IPHY 3430 or IPHY 3480) and IPHY 3435 (min grade C).
Restricted to Integrative Physiology (IPHY) or IPHY Concurrent Degree (C-IPHY) or Neuroscience (NRSC) majors only.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences

IPHY 4660 (3) Critical Thinking in Integrative Physiology
Covers specific integrative physiology topics in areas such as animal physiology, endothelial function, neurobiology, exercise immunology and exercise physiology. Department enforced prerequisite: 13-hours of IPHY coursework.
Repeatable: Repeatable for up to 6.00 total credit hours. Allows multiple enrollment in term.
Requisites: Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPHY) or Integrative Physiology Concurrent Degree majors only.
Additional Information: Arts Sci Gen Ed: Distribution-Natural Sciences
**IPHY 4680 (3) Critical Thinking in Exercise Physiology**
Covers specific exercise physiology topics such as cellular cause of fatigue and muscle soreness, heart disease, regulation of blood flow, diabetes, aging, training adaptations, exercise at high altitude, ergogenic aids and excitation-contraction of muscle. Department enforced prerequisite: IPHY 4650.
**Requisites:** Restricted to students with 57-180 credits (Junior or Senior) Integrative Physiology (IPHY) or Integrative Physiology Concurrent Degree majors only.
**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences

**IPHY 4720 (4) Neurophysiology**
Explores the function of the nervous system, including how the properties of neurons influence nervous system activity, how the nervous system controls the activity of muscles and how the sensory effects of muscle activity influence the function of the nervous system.
**Equivalent - Duplicate Degree Credit Not Granted:** IPHY 5720
**Requisites:** Requires prerequisite course of (IPHY 3430 or IPHY 3470) and IPHY 3435 (min grade C-). Restricted to Integrative Physiology (IPHY) or IPHY Concurrent Degree (C/IPHY) or Neuroscience (NRSC) majors only.
**Grading Basis:** Letter Grade
**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences

**IPHY 4730 (3) Integrative Motor Control**
Investigates human motor control by integrating concepts from exercise physiology, biomechanics, and sport psychology. Applications are made to clinical and educational exercise contexts.
**Equivalent - Duplicate Degree Credit Not Granted:** IPHY 5730
**Recommended:** Prerequisites IPHY 3410 and IPHY 3470.
**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences

**IPHY 4740 (3) Theory of Motor Skill Learning**
Offers a critical analysis of motor learning theories, including Adam’s closed loop theory, Schmidt’s schema theory, and the influence of contextual interference on learning and performance. Also covers feedback and practice organization. Projects and presentations required.
**Equivalent - Duplicate Degree Credit Not Granted:** IPHY 5740
**Requisites:** Restricted to students with 57-180 credits (Juniors or Seniors).
**Additional Information:** Arts Sci Gen Ed: Distribution-Natural Sciences

**IPHY 4780 (3) Sleep, Circadian Rhythms, and Health**
Examines the history of the fields of sleep and circadian rhythms; lifespan development of sleep and rhythms; observational, physiological, and clinical measures of sleep; screening for sleep and circadian disorders; associations between poor sleep and circadian misalignment and health; and evidenced-based sleep and circadian interventions/preventions in healthy and clinical samples. Dept. enforced requisite: one year of biology (lecture and lab); statistics course.
**Equivalent - Duplicate Degree Credit Not Granted:** IPHY 5780

**IPHY 4800 (3) Molecular Evolution: How Natural Selection has Shaped the Molecules of Life**
This course explores how Darwin’s idea has shaped the structures of DNA, RNA and proteins across the long history of life on earth. Natural selection driving the evolution these macromolecules and subsequent developmental pathways will be fully appreciated as the process that ultimately produced the amazing variety of species on this planet. Looking ahead, our recent efforts to harness the power of evolution in the test tube to develop new therapies will be covered.
**Requisites:** Requires prerequisite courses of MCDB 3135 and MCDB 3145 (minimum grade C).
**IPHY 4940 (1-6) Application for Clinical Internship**
Provides an opportunity for clinical experience in a clinic or hospital setting with which the University has an established Affiliation Agreement. Consult with faculty for approval. Department enforced prerequisite: completion of two 3000-level courses.
**Repeatable:** Repeatable for up to 6.00 total credit hours. Allows multiple enrollment in term.
**Requisites:** Restricted to students with 57-180 credits (Juniors or Seniors).

**IPHY 4950 (1-6) Global Study Abroad Internship**
Provides an opportunity to combine international experiential learning and academic theory as a means to gain professional experience and to develop a new perspective on a career field. Contact the Study Abroad office for information on available opportunities and to find out how to enroll in this course.
**Repeatable:** Repeatable for up to 6.00 total credit hours.