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## CARE, HEALTH AND **RESILIENCE - CERTIFICATE**

The certificate in care, health and resilience prepares undergraduates for working in today's helping professions: nursing, medicine, counseling, teaching, community services, ministry, emergency management and related fields. It emphasizes the skills and practices expected of paid care providers, ranging from the ability to nurture clients' physical, emotional and social well-being to helping people thrive despite lifealtering circumstances.

## The program's curriculum:

- · Provides students an opportunity to explore a variety of care-related
- · Addresses the needs of suffering people and at-risk populations.
- · Examines the ethical dilemmas posed by medical technologies and bureaucracies.
- · Links students to Colorado's only academic health sciences center, the University of Colorado Anschutz Medical Campus, and other local hospitals through its internship program.

## Requirements

The certificate is open to degree seeking CU Boulder undergraduates in good standing from any declared major and non-degree seeking students. There is no GPA requirement for admission into the program. Completion of the certificate requires the completion of 18 credit hours (9 upperdivision) of approved courses with grades of C- or better. No more than 6 credit hours from other institutions will be accepted.

## **Required Courses and Credit Hours**

Code Core Courses	Title	Credit Hours 9
Choose two of the following:		
SOCY 1022	Ethics and Social Issues in U.S. Health and Medicine	
SOCY 2080	Sociology of the Helping Professions	
SOCY 3045	Sociology of Death and Dying	
SOCY 3052	Medical Sociology	
SOCY 4052	Social Inequalities in Health	
SOCY 4062	Suffering and Care in Society	
SOCY 4063	Risk and Resilience in Society	
Required Internship <sup>1</sup>		3
SOCY 4932	Internship in Care, Health and Resilience 2	
Electives		6
Choose three of the following:		
ANTH 4110	Human Evolutionary Biology	
ANTH 4610	Medical Anthropology	
ECON 4242	Urban Economics: The Economics of Cities	
ECON 4646	Topics in Health Economics	
ENGL 1001	Writing, Reading, Culture (Epidemics & Literature)	

ENVS 3525	Intermediate Environmental Problem Analysis: Topical Cornerstones
ETHN 3201	Social Justice, Leadership and Community Engagement Internships
GEOG 3692	Introduction to Global Public Health
GEOG 3742	Place, Power, and Contemporary Culture
GEOG 4852	Health and Medical Geography
IPHY 3490	Introduction to Epidemiology
INVS 3302	Facilitating Peaceful Community Change
PHIL 1160	Introduction to Medical Ethics
PHIL 3160	Bioethics
PHIL 4110	Contemporary Moral Theory
PSCI 3084	Diversity, Disagreement, and Democracy: an Introduction to the Theory and Practice of Democracy
PSYC 2606	Social Psychology
PSYC 3131	Human Emotion
PSYC 3456	Psychology of Personality
SLHS 1010	Disabilities in Contemporary American Society
SLHS 3014	Hearing Loss Epidemiology
WGST 3400	Gender, Personality, and Culture

Given the difficulties of securing internships caused by the coronavirus, students are allowed to substitute one of the remaining core courses for the internship until further notice.

**Total Credit Hours** 

SOCY 4932 cannot be applied to the SOCY major or minor requirements. For more information about the internship program, contact Dr. Glenda Walden (glenda.walden@colorado.edu).